Healthy Child Programme in Solihull (0-19 years)



COMMUNITY

UNIVERSAL PLUS

UNIVERSAL/

Solihull Approach Ante-natal parenting course (5 weeks)

Family Hubs – Community Sessions e.g. Stay and Play sessions

Infant feeding Support Service - Breastfeeding Cafes, Breast Pump Loan, Peer Support

Solihull Approach Post-natal **Parenting Course** (6 weeks)

Solihull Approach Understanding Your Child's Behaviour Parenting Course

Next Steps Community Groups



28 weeks pregnancy **Antenatal Home** Visit

Health Visitor Health needs assessment inc. mental health (Whooley questions), domestic abuse) Promotional interviewing



10-14 days -**Birth Visit**

Health Visitor Health needs assessment on SIDS risk ass, smoking, breastfeeding, safety etc



6-8 week home visit



Health Visitor Health needs assessment Information giving Maternal mental health review



9-12 months development

check (ASQ3) -**Health Visitor or Nursery Nurse** Development check (e.g. fine

motor skills, gross motor skills, speech and language etc) **Health Review** Information giving



2-2.5 year check

(ASQ3) **Health Visitor or Nursery Nurse**

Development check (e.g. fine motor skills, gross motor skills, speech and language Health Review

Information giving



School Entry

Health Visitor transition discussion with setting/ School Nurse

ASQ-3 Review at 4 years

Health Review inc. vision screening Height and weight measurement



School Nurse Support in Schools

Drop-in sessions Care Pathways Advice and Support Advice to schools on medical policies Advice on medical conditions Targeted support for **Pupil Referral Units** (PRUs)



Year 6/7 Transition to Secondary School

Health review Height and weight measurement Information, advice and signposting



Mid-teen Review Year 9

Health Review

Information, advice and signposting

School Nursing Service (5-19 years)

Health Visiting Service (0-5 years)

Drop-in Clinics (weighing and information) **Health Visitor/ Nursery Nurse**

Healthy Start vitamins for pregnant and breastfeeding mums

HS vits for low income 0-4 yr olds

UNIVERSAL PARTNERSHIP PLUS

Targeted support for families

Referral to Specialist Services

Family Nurse Partnership (teenage parents) – Pregnancy to 2 years

Safeguarding

SERVICE MODEL

Community **Universal** – for everyone **Universal Plus** – specific expert help when needed Universal Partnership Plus – specialist longer term support

CHECKS

Pre-birth **New Baby** 6-8 weeks 1 Year 2-21/2 Year **Starting Primary School** Year 6/7 transition Mid-teen review/Year 9

HIGH IMPACT AREAS

- Transition to parenthood
- Maternal Mental Health
- Breastfeeding
- Healthy Weight
- Managing minor illness and accident prevention
- Healthy 2 year olds and school readiness
- Transition to school
- Building resilience, selfesteem and confidence
- Addressing risky behaviours in adolescents
- Whole-school/community approaches to health improvement