

# 52 Things to Support your Child's

## Speech and Language Skills.

### Stand Up, Sit Down



- Tell your child that you are going to give them some instructions using colour words.
- When they hear the colour they have to do the action, e.g.

**Red - stand up**

**Blue - march on the spot**

**Green - sit down**

**Yellow - clap hands**

#### **Make it easier:**

- You can use fewer colours and actions

#### **Make it harder:**

- You can introduce extra colours and actions

