## 52 Things to Support your Child's Speech and Language Skills.



## Know vour Fruit and Veg!

- Start by getting out all the fruit and vegetables that you have in your home (or you might be growing some in your garden and they are ready to pick such as strawberries or raspberries).
- Put one of each out on the table and go through the names with your child.
- Once your child is familiar with the names of the fruit and vegetables see if together you can put them into the following categories.

1. Sort the fruit from the vegetables
2. Sort for colour
3. Sort for texture - rough/smooth
4. Sort for firmness - soft/hard
5. Sort for taste - like/dislike, sweet/sour/savoury
6. Sort for shape - round, long, thin, fat

Make it easier: Give your child only two items at a time to compare that are more obviously different - eg an apple - smooth; compared to an orange - rough;

Make it harder: See if your child can sort using multiple categories eg find something that is smooth, red and round.
Can they find fruit and veg with 2 or 3 elements the same?

Activity 36 : brought to you by SISS SLCD Team


