

Community Services Part of University Hospitals Birmingham NHS Foundation Trust

Record Sheet for Parents/Carers to Complete

BOOKLET ADVICE	X/√	WHAT HAVE YOU TRIED?	HAVE THINGS CHANGED SINCE DOING THIS?
Reducing a child's Pain			
- Use of heat			
 Pacing of activities 			
Improving Body Stability and Strength,			
- Games/Sports to increase body			
stability and strength.			
- Exercises to increase body strength			
and leg strength.			
Improving Hand Ability			
 Activities to improve fine motor 			
skills and hand strength.			
- Different writing tools tried.			
Choosing the Correct Footwear			
- Correct footwear worn.			
Other things tried:			



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Record Sheet For School to Complete

BOOKLET ADVICE	X/√	WHAT HAVE YOU TRIED?	HAVE THINGS CHANGED SINCE DOING THIS?
Improving Body Stability and Strength,			
 Participation in BEAM or SMARTMOVES 			
Correct seating options			
- The correct chair is used in class			
 The chair and table are at the correct height 			
Support in the learning environment			
- The environment is safe and there			
space to access			
- Consideration made to distances			
between classes with carrying of			
equipment minimised			
 Considered storage and 			
accessibility of child's equipment			
such as wheelchair or writing slope			
- Rest breaks considered with ability			
for pupil to communicate needs to			
teacher. Page 14			
- Pupil support considered i.e. use of			
a buddy or adult			
- Considered writing equipment to			
include considered use of IT and			
keyboard skills			



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- Extra time considered to complete	
- Home school communication is	
occurring effectively	
- Differentiation of work and	
timetable flexibility. Expectations	
of school work and homework	
discussed	
Recommendations and suggestions for	
Physical Education	
- Medical information has been	
gathered	
- Risk factors considered	
- Differentiation of activities trialled	
- Gain pupils views	
Playground advice	
- School staff to monitor during meal	
times and outside	
- Quiet areas/seating considered	
- Alternative playground activities	
considered	
 Risk factors outside considered 	
Other adaptations and implementations	
made	