



Care and support for people in our area



Our 5 year plan for adult social care in Solihull
2022-2027

About social care and adult social care



We are Solihull Council. We give care and support to lots of people in our area.



Social care is care and support people might need at home, in their local community or in a care home.



When people age 18 and older need support from us, we call it **adult social care**.



People who may need adult social care are:

- people with a learning disability



- people with mental health conditions



- autistic people



- people with a physical disability



- older people



- carers



Adult social care gives people the help they need to live the life they want.

About our plan



We have written a new plan for adult social care in Solihull. It says what we want to happen in the next 5 years.



Lots of people in our area need our help and support.

We are having to help more and more people every year.



To be able to support everyone properly, we have to do things differently.



Our plan says how we can give people more choice and good support.

Types of services



We have 3 types of care and support services:

1

We have services to give people information and advice



These services:

- try to stop problems from happening in the first place



- help people try to stay healthy and well

2

We have services for people who need help with care and support needs



These services:

- give help and support as soon as people need it



- try to stop any problems from getting worse



- support people to stay safe and well at home

3

We have services for people with long-term care and support needs

Long-term care means needing care for a year or more.

These services:

- support families and unpaid carers.



Unpaid carers means family and friend carers who are not paid to care for people as part of their job

What we want to work on



Our plan starts with a **vision**. A **vision** is things we want to see happen in the future.

Our vision is:

We want to make a difference to people's lives in the way they want and need. We will work in this way everyday.



To make our vision happen, there are 8 big ideas we want to work on.

Idea 1: Support people who have been in hospital

People are having to stay in hospital longer than they need to.





This might be because they need extra care and support when they come out of hospital.



We will:

- make sure people only stay in hospital for as long as they need to



- support people when they come out of hospital

Idea 2: Support people to live at home

We want people to live safely and **independently** at home for as long as possible.

Independent means people can do things for themselves or with some support.



We will:

- help people to make any changes they need to make to their homes.



This might be things like putting in a stairlift or making bathrooms easy to use

- use technology to support people:

Things like:



- a button to press in an emergency. This lets other people know you need help



- devices to check how much exercise people are doing. This could be a watch you wear that says how much you have moved



- a speaker to tell you when to take your medicines

Idea 3: Change how social care works



The Government is looking at how social care works now.

This is to see how it needs to work better in the future.



When the Government has decided what to do, we will put these things in our plan.

Idea 4: Support unpaid carers



Being a carer can be hard. Carers need to look after themselves too.

This means they can keep on caring for the person they are looking after.



We will:

- look at how many unpaid carers there are in our area



- make sure families and unpaid carers in our area get the support they need

Idea 5: Get new staff



We don't have enough staff working in social care.

We will try to get lots of new staff.



We also need to think about how to keep the staff we already have.



We want the Council to be a place where people want to work.



Idea 6: Keep people safe

We want to try to protect people from abuse and neglect.



Abuse is when someone does or says something to hurt you or make you feel bad.



Neglect is when your needs are not met.



We want to:

- teach people how to tell if a person is being abused

and

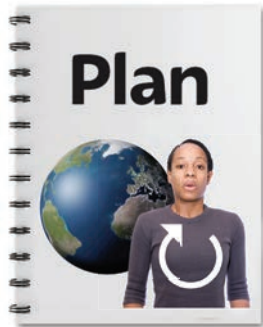
- support people who have more chance of being abused or treated badly



Idea 7: Help the environment



The **environment** is the world around us and the air we breathe.



We have written a plan about how we will help the **environment**.

We will work in ways that are good for the environment.



Things like:

- using less energy for electricity and to heat our buildings



- using cars less



- recycling more

Idea 8: Give the best service



We need to keep checking how our services are doing. This will help to make sure we are doing a good job.



We will work with and talk to people who use our services.



The **Care Quality Commission** will check our services. This is called the **CQC** for short.

The **CQC** checks services like care homes. They make sure they are giving people good care and support.



We will look at how social care is working across the country.



We will see if we can learn any new ways of working.

Things we will think about when we work on our plan



When we work on each of our ideas, we will think about these things:

Making sure our services are fair for everyone



People are different and need to have their needs met in different ways.



We want everyone to have a good service.

We will make sure everyone has the same chances to use adult social care.



We will make sure we have the right services to meet people's needs.

Making sure people always have the best service from our staff



We will work well together as a team and with other organisations.



We will make sure our staff have all the support and training they need to do their jobs well.



This will help us to make sure we are supporting people in the best way.

Working together with people who use our services



We will listen to people who use our services and their families and carers.



This will help us to understand what people need and what is most important.



We will work closely together when we plan and manage adult social care in our area.



This will help us make sure our services are the best they can be.



Get involved

We want people to tell us what they think about adult social care.



If you want to share your experiences of adult social care with us, email us at:

getinvolved@solihull.gov.uk



Contact us

For more information or if you have any questions, you can contact us:



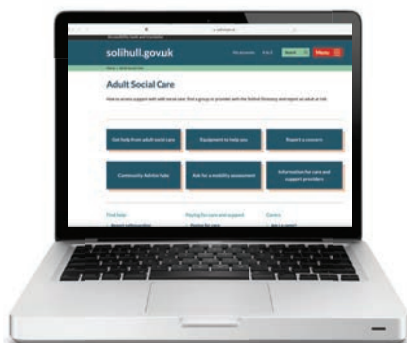
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