

Support Services Pregnancy and Multiple Births

**Solihull Family
Information Service**

Please note, this information is provided solely for the expressed purpose of finding support services within the Borough of Solihull. It is an offence under the Data Protection Act 1998 to use this information for commercial purposes, or to pass this information to any other person. If you are approached by an individual to let them have a copy of the information we provide, please refer them directly to the Family Information Service on 0800 389 8667.

Date printed: 5 September 2012

Birmingham Twins Club

Maypole Methodist Church
Sladepool Farm Road
Billesley
Birmingham
B14 5DJ

Service Description:

Telephone:

Email: birminghamtwins@hotmail.co.uk

Age Range: 0years to years

Website: <http://birminghamtwinsclub.blogspot.com/>

Referral:

We run a baby and toddler group which meets Tuesdays 9.30 to 11.30 at Maypole Methodist Church (corner of Sladepool Farm Rd and Alcester Rd), Kings Heath. All new families welcome, including expectant parents! We also hold occasional evening and weekend events for families with multiples of any age.

Early Days Postnatal Courses

Telephone: 0844 243 6265

Email: coordinator.nctsolihull@gmail.com

Age Range: 0years to years

Website:

Referral:

Service Description:

On an Early Days Course you can discuss lots of different issues, and hopefully it will be the beginning of a supportive group of friends you will belong to for years.

Typically, 6-8 mums meet weekly for a couple of hours for 6 weeks. During this time you have the opportunity to share your experiences of motherhood with other mums in a safe and confidential setting. You will be guided into discussion on various topics through different activities.

The sessions are informal and relaxed and much needed teas, coffees and biscuits are supplied.

Of course the babies are welcome and play a big part in the group. They need feeding, changing and amusing while you participate in the discussions, so they can't be ignored!

By the end of the course it is hoped that you will have formed friendships and will want to go on meeting and supporting each other on your journeys of motherhood.

Solihull Family Information Service

Call: 0800 389 8667

Email: familyinfo@solihull.gov.uk

Web: www.solihull.gov.uk/familyinfo



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Family Support Centre - Shirley

Family Support Centre
144a Stratford Road
Shirley
Solihull
B90 3BB

Telephone: 0121 744 8838
Email: fscshirley@yahoo.co.uk
Age Range: 07years to 11years
Website: <http://www.fscshirley.co.uk>
Referral: Self referral

Service Description: Provide counselling/advisory services free of charge free pregnancy testing - Pregnancy Crisis Post-Abortion Counselling Marriage relationship help Divorce recovery groups including divorce care courses. Drug awareness for parents groups Rainbows Loss/Grief recovery Groups for children aged 7-11years.

Health Visiting Team - Central Team

51 Grove Road Clinic Grove
Road
Solihull
B91 2AQ

Telephone: 0121 704 3405
Email:
Age Range: 0years to 99years
Website:
Referral:

Service Description: The Health Visiting Service offers a range of services during weekdays to all age groups (but with a focus for 0-5 yr olds), at client's homes and within a clinic/practice/other organisational settings at a number of locations across Solihull. Some evening Well-Child clinics are available
Services provided include developmental assessments and immunisations, screening for Postnatal depression and family support for this condition, drop-in Well child clinics, Postnatal groups, Parenting groups and Baby Massage groups. This Service provides family support, health promotional advice and education to all age ranges as required, with particular focus on postnatal support for mothers and families within the first year of their babies' life. Safeguarding the welfare of children is a high priority.

Health Visiting Team - North Team 1b

Bosworth Medical Centre
Crabtree Drive
Fordbridge
Birmingham
B37 5BU

Telephone: 0121 329 0100
Email:
Age Range: 0years to 99years
Website:
Referral:

Service Description: The Health Visiting Service offers a range of services during weekdays to all age groups (but with a focus for 0-5 yr olds), at client's homes and within a clinic/practice/other organisational settings at a number of locations across Solihull. Some evening Well-Child clinics are available. Services provided include developmental assessments and immunisations, screening for Postnatal depression and family support for this condition, drop-in Well child clinics, Postnatal groups, Parenting groups and Baby Massage groups. This Service provides family support, health promotional advice and education to all age ranges as required, with particular focus on postnatal support for mothers and families within the first year of their babies' life. Safeguarding the welfare of children is a high priority.

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Health Visiting Team - North Team 2

Castle Bromwich Clinic
Hurst Lane North
Castle Bromwich
Birmingham, B36 0EY

Service Description:

Telephone: 0121 747 2977
Email:
Age Range: 08years to years
Referral:

The Health Visiting Service offers a range of services during weekdays to all age groups (but with a focus for 0-5 yr olds), at client's homes and within a clinic/practice/other organisational settings at a number of locations across Solihull. Some evening Well-Child clinics are available. Services provided include developmental assessments and immunisations, screening for Postnatal depression and family support for this condition, drop-in Well child clinics, Postnatal groups, Parenting groups and Baby Massage groups. This Service provides family support, health promotional advice and education to all age ranges as required, with particular focus on postnatal support for mothers and families within the first year of their babies' life. Safeguarding the welfare of children is a high priority.

Health Visiting Team - South Team 1

276 Shirley Clinic
Stratford Road
Shirley, Solihull
B90 3AD

Service Description:

Telephone: 0121 744 2516
Email:
Age Range: 0years to 99years
Referral:

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Health Visiting Team - South Team 2

27 Monkspath Surgery
Farmhouse Way
Monkspath, Solihull
B90 4EH

Service Description:

Telephone: 0121 711 2133
Email:
Age Range: 0years to 99years
Referral:

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Health Visiting Team - South Team Rural

Freshfields
Woodside Crescent
Knowle, Solihull
B93 0QA

Telephone: 01564 732800
Email:
Age Range: 0years to 99years
Referral:

Service Description:

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Health Visiting Team - North Team 1a

Bosworth Medical Centre
Crabtree Drive
Fordbridge, Birmingham
B37 5BU

Telephone: 0121 329 0100
Email:
Age Range: 0years to 99years
Referral:

Service Description:

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N.C.T. (Solihull & South Birmingham)

Telephone: 0844 243 6265
Email: coordinator.nctsolihull@gmail.com
Age Range: 0years to years
Website: <http://www.nct.org.uk/branches/solihull-s-birmingham>
Referral:

Service Description:

The NCT (also known as the National Childbirth Trust) is UK's leading charity for parents. Every year we support thousands of people through the incredible life changing experience of pregnancy, birth and early parenthood.
Becoming a parent is a life-enhancing experience, but it can also be challenging and sometimes stressful. We are here to help you through this transition, offering relevant information, reassurance and mutual support. Run by local parents, we offer support, information and friendship to new parents and parents-to-be.

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Solihull Breastfeeding Service (Solihull Primary Care Trust)

Solihull Care Trust
Headquarters
Friars Gate
Stratford Road
Solihull
B90 4BN

Telephone: 0121 713 8924
Email: Carmen.baskerville@heartofengland.nhs.uk
Age Range: 0years to years
Website: www.solihull.nhs.uk/Help-and-advice/Motherhood-and-pregnancy/Breastfeeding

Service Description:

Referral:
We offer breastfeeding support, one to one at home or in hospital - antenatal and post natal; breastfeeding telephone support; breastfeeding peer support and training, breastfeeding cafes; a free breast pump loan scheme and Solihull breastfeeding directory.

Sutton Coldfield Twins Club

The Deanery Children's
Centre
Fox Hollies Road
Walmley
Sutton Coldfield
B76 2RD

Telephone:
Email: karinbrady@yahoo.co.uk
Age Range: 0years to years
Website: www.suttoncoldfieldtwinsclub.co.uk
Referral:

Service Description:

Informal and friendly coffee morning for parents of twins and multiples in a relaxed atmosphere.

TAMBA (Twins & Multiple Births Association)

2 The Willows
Gardner Road
Guildford
Surrey
GU1 4PG

Telephone: 01483 304 442
Email: enquiries@tamba.org.uk
Age Range: 0years to years
Website: www.tamba.org.uk
Referral:

Service Description:

Charity set up by parents of twins, triplets and higher multiples and interested professionals. Provides information, support to parents of twins, triplets and higher multiples.

Twinline

2 The Willows
Gardner Road
Guildford
Surrey
GU1 4PG

Telephone: 0800 138 0509 (freephone)
Email: asktwinline@tamba.org.uk
Age Range: 0years to years
Website: www.tamba.org.uk/page.aspx?pid=227
Referral:

Service Description:

A confidential listening and emotional support service for all parents of twins, triplets and more. It is staffed by trained volunteers who are parents of multiples.

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