

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING		Meriden CE Primary School 9.30am – 11.30am Dates: 19/1/16 – 22/3/16 Age range: 0-11	Coleshill Heath School 9.30am – 11.30am Dates: 20/1/16 – 23/3/16 Age range: 0-11 (Limited crèche places available)	Peterbrook Primary School 9.30am – 11.30am Dates: 7/1/16 – 17/3/16 Age range: 4-11	
AFTERNOON	Ulverley School 1pm – 3pm Dates: 11/1/16-21/3/16 Age range: 0-11 (Limited crèche places available)	Fordbridge Community Primary School 1.15pm – 3.15pm Dates: 5/1/16 – 15/3/16 Age range: 4-11			Shirley Heath Junior School 1pm – 3pm Dates: 8/1/16 – 18/3/16 Age range: 4-11
EVENING			Teenage Years @ Renewal Family Centre 6.30pm – 8.30pm Dates: 6/1/16 – 16/3/16 Age range: 10-16		

Understanding Your Child's Behaviour

A universal group, running for 2 hours a week, for 10 weeks, aimed at parents and carers who would like to learn more their children and who may be facing some challenges in their child's behaviour.

The group will introduce alternative ways of approaching challenging situations and help reduce parent's anxieties, helping them to be more aware of their children's feelings, and as a result understand and manage their behaviour more effectively.

**For more information, or to book your free place, please contact
Solihull Parenting Team on 0121 296 4446, or via email to parenting@bsmhft.nhs.uk**