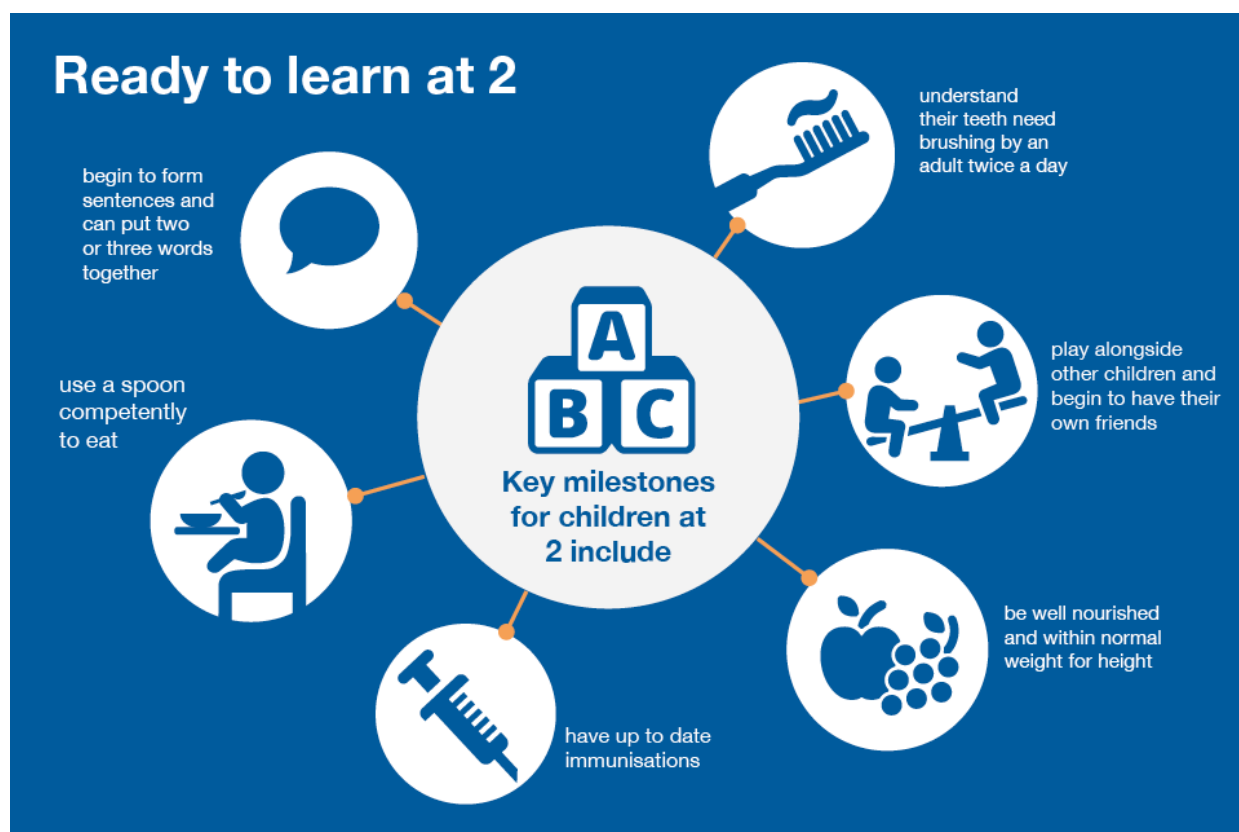


Healthy Child Programme (0-19 years) in Solihull

Giving every child the best start in life in a priority for Solihull Council. To achieve this, we need high quality services that work for and with families. Our vision is for a service that is child and family focused and aims to deliver the national priorities for families to have a healthy pregnancy, for children to be ready to learn at 2, ready for school at 5 and be a healthy weight.



What works to improve school readiness?



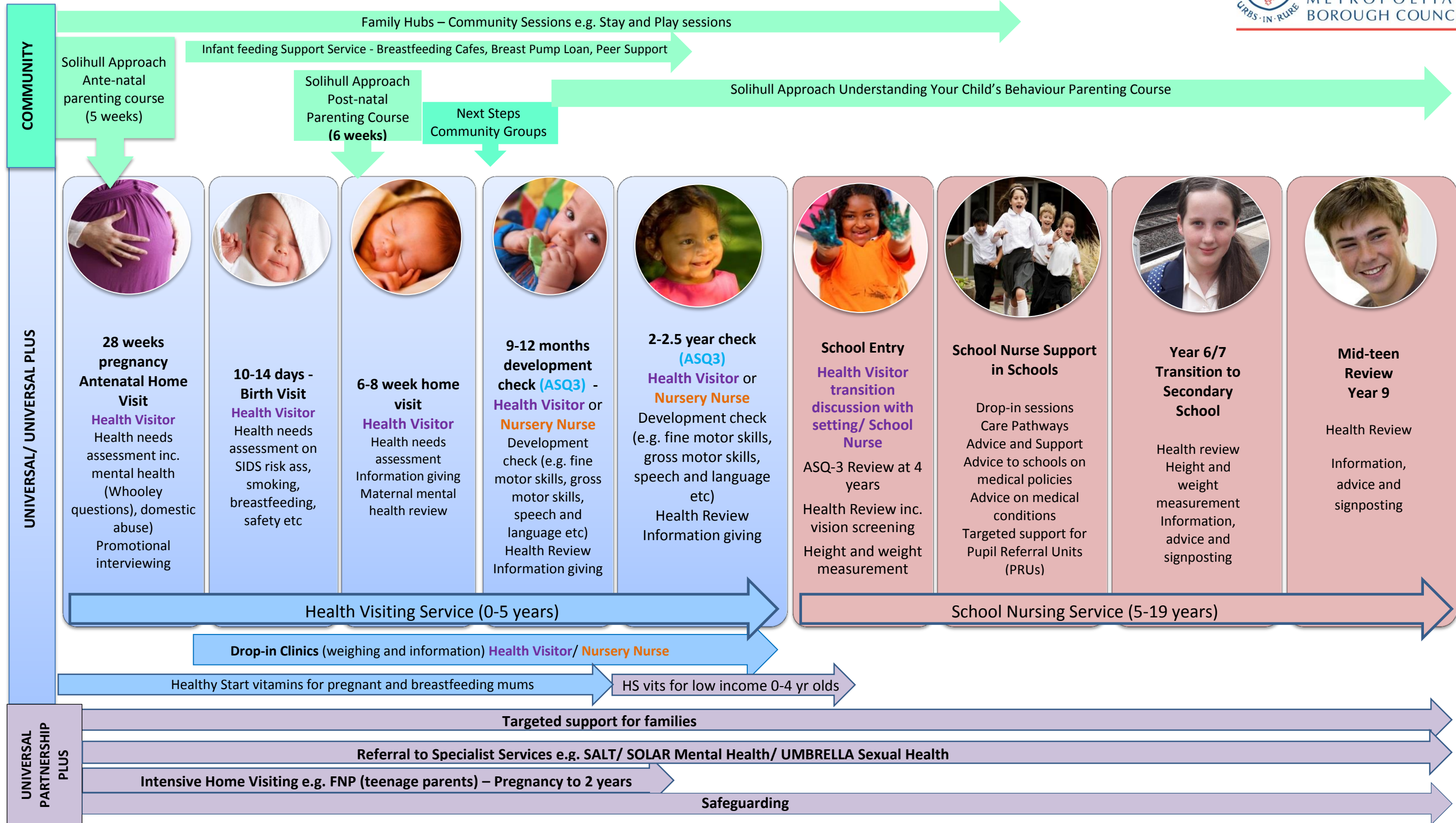
- Good maternal mental health
- Learning activities, including speaking to your baby and reading to your child
- Enhancing physical activity
- Parenting support programmes
- High-quality early education

The Solihull Healthy Child Programme vision is:

- A service that is child and family focused
- Early identification of families experiencing lower level problems before they escalate
- Integrated with other parts of Solihull's early help system, e.g. Engage
- Integrated pathways to enable fast access to specialist services

The Solihull Healthy Child Programme proposed model is below.....

Healthy Child Programme in Solihull (0-19 years)



SERVICE MODEL

4

LEVELS

Community Universal – for everyone
Universal Plus – specific expert help when needed
Universal Partnership Plus – specialist longer term support

8

CHECKS

Pre-birth
 New Baby
 6-8 weeks
 1 Year
 2-2 1/2 Year
 Starting Primary School
 Year 6/7 transition
 Mid-teen review/Year 9

10

HIGH IMPACT AREAS

- Transition to parenthood
- Maternal Mental Health
- Breastfeeding
- Healthy Weight
- Managing minor illness and accident prevention
- Health 2 year olds and school readiness
- Transition to school
- Building resilience, self-esteem and confidence
- Addressing risky behaviours in adolescents
- Whole-school/community approaches to health improvement