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Date printed: 3 December 2013

NACCC (National Association Of Child Contact Centres)

1 Heritage Mews
High Pavement
Nottingham
NG1 1HN

Telephone: 0845 450 0280 / 0115 948 4557 (mobiles)
Email: contact@naccc.org.uk
Age Range: 0years to 99years
Website: www.naccc.org.uk
Referral:

Service Description: NACCC is the supporting membership body for child contact centres in the UK. Please contact us to find your nearest centre.

Solihull Action Through Advocacy

St Andrews Anglican &
Methodist L E P
Pike Drive
Birmingham
B37 7US

Telephone: 0121 603 5576
Email: office@solihulladvocacy.org.uk
Age Range: 018years to 99years
Website: www.solihulladvocacy.org.uk
Referral:

Service Description: Solihull Action through Advocacy is a charity created to support adults with learning disabilities living in Solihull. Enabling individuals to speak up for themselves wherever possible.

Solihull Bereavement Counselling Service

Solihull Hospital
Lode Lane
Solihull
B91 2JL

Telephone: 0121 424 5103
Email: solihullbcs@aov.com
Age Range: 04years to 99years
Website: <http://solihullbereavement.org/>
Referral: Self referral please call

Service Description: We provide 1 to 1 bereavement counselling, group counselling, intervention with groups, education & training.

Solihull Parenting Groups - Understand Your Child's Behaviour And Mellow Parenting

7 Clinic Marston Drive
Kingshurst
Birmingham
B37 6BD

Telephone: 0121 329 1911
Email: parenting@heartofengland.nhs.uk
Age Range: 0years to years
Website: www.solihull.gov.uk/familyinfo/22542.htm
Referral:

Service Description: If you would like to know more about your relationship with your child, their development and behaviours, you may want to join the 'Understanding your Child's Behaviour' programme for parents and carers with children aged 0 to 18 years. Occasionally, some parents find that they experience complex difficulties with their children and for these families, we run Mellow Parenting groups.

Solihull Family Information Service

Call: 0800 389 8667

Email: familyinfo@solihull.gov.uk

Web: www.solihull.gov.uk/familyinfo



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Spurgeons' Supporting Separated Teenage Parents Programme

Spurgeons
Central Admin
The Workspace
All Saints Road
Wolverhampton, WV2 1EL
Service Description:

Telephone: 01902 877559
Email: teenageparents@spurgeons.org
Age Range: 0years to 20years
Website: www.spurgeons.org

Referral:
Who are we?

Spurgeons is a registered children's charity committed to making a positive lasting change to the lives of children, young people and their families. We have extensive experience of working with teenage parents and separated families. Spurgeons also run a large number of children's centres across the Midlands to offer support to families in the area.

The Programme

This programme is especially for teenage parents who have separated from the other parent. It will help you agree on the parenting of your child. It works with both parents separately and then together to solve issues like contact and child maintenance as well as giving practical parenting advice. The programme is a mixture of groups and couples sessions as well as a session for grandparents / family members so that they can help you to carry out any changes you have agreed to make. The programme can also help parents with problems around housing, work, education and training.

Who is it for?

The programme is for parents aged 20 or under who are separated or have never been in a relationship with the other parent. This includes parents whose baby has not yet been born.

Getting on to the programme

Someone who you already know (like a midwife or health visitor) might talk to you about this programme and ask if you are happy for them to send us your details. Or you can put yourself forward for this programme by calling or emailing us. We will ask you and the other parent to come and meet us separately so we can tell you about the course and make sure that it is right for you.

Where does it take place?

The programme is delivered in our children's centres across the Midlands so that they are easy for parents to get to. We can also offer crèche places to look after your child so that you are able to attend. Programmes will be delivered in 10 venues across Birmingham, Solihull, Walsall, Wolverhampton

Benefits of attending Spurgeons' Supporting Separated Teenage Parents Programme

- Meet other young people in similar situations and share your experiences
- A crèche place provided for your child if needed so that you are able to attend
- Better communication within your family
- Get help to quickly solve problems like contact and child maintenance
- Our staff will help you and the other parent to agree on how you will both be involved in your child's life in the future
- Support around other issues such as training, education or employment
- Introduction to other services in our children's centres
- Knowing that you are doing the best for your child
- Increased knowledge of national and local services that may be useful to you

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St Michael's Church (Mothers Union Parenting Group)

Oak Cottage
Bryanston Road
Solihull
B91 1BS

Telephone: 0121 704 4730
Email: littlefeet@tiscali.co.uk
Age Range: 0years to years
Website:
Referral:

Service Description: A 7 week programme facilitated by Sarah Marshall (vicar's wife) for parents of all ages helping to encourage positive parenting together. For more details please contact Sarah on 0121 704 4730 or email littlefeet@tiscali.co.uk.

TAMBA (Twins & Multiple Births Association)

2 The Willows
Gardner Road
Guildford
Surrey
GU1 4PG

Telephone: 01483 304 442
Email: enquiries@tamba.org.uk
Age Range: 0years to years
Website: www.tamba.org.uk
Referral:

Service Description: Charity set up by parents of twins, triplets and higher multiples and interested professionals. Provides information, support to parents of twins, triplets and higher multiples.

Understanding Your Child's A.S.D. Workshop

Langley Junior & Infant School
St. Bernards Road
Olton
Solihull
B92 7DJ

Telephone: 07534 352754
Email: info@signpostinclusion.org.uk
Age Range: 0years to years
Website: www.signpostinclusion.org.uk
Referral:

Service Description: Workshop covering issues including: what is ASD, social skills / communication skills, anxiety / rigidity and special interests, behavioural issues and ASD and sensory issues.

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