

"Fantastic scheme, increased her confidence from day 1. She feels happy to leave the house on time completely independently. Would recommend to other parents."

– Parent of student 2014

"It made me feel grown up."

– Student 2014

"It was very well run and properly resourced...the communication was excellent...a lot of thought and planning and care has gone into this scheme."

– Parent 2014

"My son has enjoyed his training, and feels he has a lot more confidence in himself – this has given him the opportunity to do lots more after school programmes."

– Parent 2014



◀ Anna



◀ Katie



◀ Adam



◀ Tracey

Our trainers have many years experience of supporting children and adults with learning disabilities.



We train people how to travel safely and independently

## What is it?

It is personalised training to teach a person to travel to and from their destination on their own, whether it be school, college or work.

## Why is it important?

Independent Travel Training is not just beneficial for travelling.

Being able to access public transport helps people make their own choices about how they live and what they want to achieve. It provides vital skills that will:

- Build independence and self esteem.
- Improve social skills.
- Give more choices in life.

## How does it work?

- We plan a route to match the person's needs.
- We carry out a risk assessment of the route.
- The route is agreed with parents/carers and the trainee.
- We travel with the person to build their skills and develop their confidence.
- We work at the pace of the individual.

## Where does it happen?

Our travel trainers work with people throughout Solihull. We can teach individual routes to and from:

- School
- College
- Work
- Community centres
- Education centres

## Want to know more?

See how we train - watch our short video and then apply online



Notes

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## Or, apply by post

Student name
School/organisation
Date of birth
Parent / Carer
Address _____ _____
Postcode _____
Contact number
Email
Signed
Date

Independent Travel Training  
Safe and Active Travel  
5th Floor Church Hill House  
Solihull MBC B91 3QB  
0121 704 8069 [travel.training@solihull.gov.uk](mailto:travel.training@solihull.gov.uk)