### Draft Minutes of Castle Bromwich, Smith's Wood, Kingshurst, Fordbridge, Chelmsley Wood and Marston Green Partnership Forum held on 19<sup>th</sup> June 2013 at CTC Kingshurst Academy, Kingshurst

#### Attendees:

Dave Pinwell, SUSTAiN [Chair]

Pauline Allen, Neighbourhood Watch coordinator

Karen Allt, Spurgeons, Smith's Wood Childrens Centre

Sarah Barnes, Solihull Partnership

Lou Beddoe, Spurgeons, Smith's Wood Childrens Centre

Ann Bennett, Solihull Community Housing

Kiren Bhogal, Victim Support

Dr Anand Chitnis, Solihull CCG [Health Inequalities & Urgent Care Review presentations]

Chris Clarke, Solihull MBC [Alcohol Misuse presentation]

Martin Claire, Healthwatch Solihull [Healthwatch presentation]

Hannah Colson, Solihull Partnership [notes]

Maxine Dawson, Kingshurst Parish Council

Lee Fletcher, CTC Kingshurst

Alvin Follows, Kingshurst Parish Council

Ian Mather, Solihull MBC

Ian McGarry, Healthwatch Solihull

Councillor Alan Nash, Kingshurst & Fordbridge Ward

Inspector Keith Portman, WM Police [Alcohol Misuse presentation]

Amy, Al Anon Family Groups [Alcohol Misuse presentation]

Andrea Randall, Spurgeons, Chelmsley Wood Children's Centre

Councillor M.A. Rashid, Smith's Wood Parish Council

Anne Rawling, Victim Support

Angie Smith, Children's Society

Betty, Al Anon Family Groups [Alcohol Misuse presentation]

John Tocker, Al Anon Family Groups [Alcohol Misuse presentation]

Councillor Williams, Chelmsley Wood Ward

#### **Apologies:**

Ronnie Cashmore, Craig Croft Regeneration Implementation Group

Dave Dixon, Safe and Sound

Councillor Jaimeson, Kingshurst & Fordbridge Ward

Eric Knibb, Castle Bromwich Parish Council

Terrie Knibb, Castle Bromwich Community Project

Gordon Lewis, Craig Croft Regeneration Implementation Groups & Roach Close and Pike Drive

Residents Association

Alison Lush, Neighbourhood Manager, Solihull MBC

Councillor Macnaughton, Chelmsley Wood Ward

Councillor Richards. Castle Bromwich Ward

Councillor Robinson, Castle Bromwich Ward

Councillor Gail Sleigh, Castle Bromwich Ward

Councillor Stephens, Chelmsley Wood Ward

Liz Tomkins, Chelmsley Wood Town Council

#### 1. Welcome and Introductions

Dave Pinwell started the meeting by welcoming everyone, and introductions took place.

#### 2. Notes of Meeting held on 6<sup>th</sup> March:

The previous meetings minutes were approved subject to one amendment regarding the attendance, which Hannah will amend.

#### **Matters Arising:**

CTC Kinghurst Academy – Lee Fletcher updated forum members on progress since the last meeting with the development of the Outdoor Learning Centre at the CTC. Lee noted that Solihull MBC are supporting them in having a 3G artificial pitch on site, which will have a multifunctional use for both the school and local community. Lee asked forum members to let him know if they know of any local groups that would be interested in using the 3G pitch. Lee also asked forum members to contact him if they had any community events coming up and were interested in having a DJ there.

Sarah Barnes asked Lee what the latest position regarding the funding for the Outdoor Learning Centre was? Lee replied to say there were various funding streams involved included a pot of money provided for by the school itself. They are meeting with the Football Foundation soon to discuss possible available funding and there are other streams still to explore such as Sport England and the Ministry of Defence.

#### Actions:

- Hannah to amend the attendance details on the minutes from the last meeting.
- **Forum members** to let Lee know if they know of any local groups that would be interested in using any of the facilities available at CTC Kingshurst Academy, in particular the 3G pitch.
- Forum members to contact Lee if they have any community events coming up and they would like a DJ there.

#### **3. Tackling Health Inequalities** (Dr Chitnis and Ian Mather):

Dr Chitnis gave forum members a short presentation on what Solihull Clinical Commissioning Group and its partners are doing to tackle Health Inequalities in Solihull. The presentation covered the six Marmot Review Objectives; which are the foundation for work streams to tackle health inequalities. They are:

- 1. Give Every Child the Best Start in Life
- 2. Enable all Children, Young People and Adults to maximise their capabilities and have control over their lives
- 3. Create Fair Employment and Good Work for All
- 4. Ensure a Healthy Standard of Living for All
- 5. Create and Develop Healthy and Sustainable Places and Communities
- 6. Strengthen the Role of and Impact of III Health Prevention

Dr Chitnis provided a variety of examples for each objective about the work already taking place in Solihull to tackle health inequalities. Examples included: Healthy Schools Programmes, increasing access to children's vitamins, Citizens Advice Bureaus set up in all GP surgeries in North Solihull; and virtual wards which encourages patients to stay in their own homes by accessing treatment from a virtual hospital. It was noted there are already 300 patients as part of the virtual ward scheme in Solihull. The programme has seen hospital admissions and length of stay in hospitals reduced.

Ian Mather noted that the latest breastfeeding numbers for Solihull were encouraging with recent data showing that 47% of mums in North Solihull breastfeed for the first 6-8 weeks after birth, which is a significant increase since last year and is almost half of mothers in Solihull. Dr Chitnis

commended these numbers, and noted the hard evidence which links breastfed babies to better outcomes later in life.

Dr Chitnis emphasised the need for partnership working and using innovative solutions to tackle health inequalities; adding that he is currently in dialogue with the local chief superintendent to explore opportunities for having 'Cupper with a Copper' in GP surgeries.

- Councillor Nash asked Dr Chitnis what his opinion was on people being discharged from hospital too soon, so they end up back in hospital as a result? *Dr Chitnis explained that more work needs to be done avoiding hospital admission and, where there is no alternative, on planning for the discharge of patients from day one.*
- Councillor Nash raised concerns about the increase in families using 'Food Banks' and how this could affect people's diets. Ian Mather explained that Solihull are working on a number of projects to encourage healthy eating. Including exploring a proposal to encourage local shops to sell fresh produce and; Food Dudes which is a programme being operated in primary schools in North Solihull to change children's eating habits for life, including increasing their uptake of fruit and vegetables.
- Representatives from the local Children's Centres, asked Dr Chitnis how GP's can promote the work of Children's Centres? *Dr Chitnis agreed communication between the two was an area that needs to improve. It was agreed that Hannah would put Dr Chitnis in contact with the representatives from the Children's Centres so this could be progressed.*

#### Actions:

Hannah to provide Dr Chitnis with contact details for the local Children's Centres, so
that discussions can take place on how best to improve the communications between
GP surgeries and Children's Centres.

#### 4. Urgent Care Review (Dr Chitnis):

It was noted Urgent Care in Solihull is provided by the NHS in a number of different ways including walk-in centres, out-of hours GP surgeries, A & E departments and the '111' helpline. Dr Chitnis advised forum members that as a result people are often confused about what health services to access when they need urgent or emergency care.

Dr Chitnis explained that, clinical commissioners across Solihull and Birmingham are now reviewing urgent care services in more detail. There is an opportunity to improve the quality of service by working together in a way that is simple and straightforward for patients; so that people with an urgent problem can be signposted easily to the service that best deals with their needs.

Forum members were advised that the review is already underway and engagement has begun with key partners. Dr Chitnis noted that forum members will be contacted through Hannah once formal papers on the Urgent Care Review are out for full consultation, so that they are given the opportunity to provide comments and feedback on the proposals.

#### Actions:

 Hannah to contact forum members once the Urgent Care Review proposals are out for full consultation.

#### 5. Alcohol Misuse:

#### - Tackling Alcohol and Drugs

Inspector Keith Portman gave forum members a brief presentation on how the Police with the support of Partner agencies tackle alcohol and drugs. The key points were:

- Tackling alcohol and drugs is not just about dealing with what happens as a result of alcohol or drug misuse; but about tackling the causes.
- There are a range of activities taking place to tackle alcohol misuse, including:
  - Borough Pubwatch scheme (sharing messages with landlords etc)
  - Two drink-drive campaigns; one in the summer and one over the Christmas period.
  - Solihull Town Centre are part of the Purple Flag Scheme; which is the accreditation scheme that recognises excellence in the management of town and city centres at night
- WM Police are exploring opportunities for having the Purple Flag Scheme in Chelmsley Wood.
- Solihull MBC and WM Police are working together to try and implement a programme where Off Licences agree on a voluntary basis not to sell strong cheap alcohol.
- There are also a number of strategies for tackling drug misuse:
  - Operation Tandem which saw WM Police working with Solihull Community Housing. Following this there was an increase in the number of referrals to SIAS (Solihull Integrated Addiction Services).
  - Closure Orders: WM Police are looking to increase the number of closure orders, which allow SCH time to permanently exclude tenants who are known drug users.
  - Other activities include; drug warrants, SIAS referrals, targeting dealers; and licensing visits.
- WM Police are aware that there is a clear link between drug and or/alcohol and violent crimes, particularly in domestic abuse cases.
- 95% of people arrested for trigger crimes are tested for drugs; and can then be referred on to support agencies.

#### - Services Available

Chris Clarke, Joint Commissioning Manager in the Public Health Team at Solihull MBC gave forum members an overview of the services that are available in Solihull to help those in need of as a result of drug / alcohol misuse. Chris explained there are five key elements to the Solihull Substance Misuse Strategic Plan:

- Prevention ~ focussing on helping people to avoid getting into alcohol / drug misuse
- 2. Gateways ~ the ability to pick people up early e.g. through Police, GP referrals etc.
- 3. Treatment ~ helping those who are in addictive situations
- 4. Recovery ~ the importance of recovering their whole lives e.g. new friends, moving to a new area if required etc
- 5. Community impact ~ e.g. crime reduction, less Anti-Social Behaviour

A booklet was circulated to forum members which contains all the information people need to know in terms of services available in Solihull for those affected by drug or alcohol use. The five categories of services available focus on:

- 1. Recovery focuses substance misuse treatment service for adults
- 2. Criminal Justice Outreach Service
- 3. Young Persons Substance Misuse Intervention Service
- 4. Service User Involvement
- 5. Family and Friends Support Service

#### - Community Support

John Tocker, a member of Al-Anon Family Groups, gave forum members a brief background of the organisation; which provides support to anyone whose life is, or has been, affected by someone else's drinking.

John advised the forum Al-Anon has been operational in the UK since 1964, and they are trying to be more pro-active; but it can be challenging getting the message out, due to the stigma which surrounds alcohol.

John then invited Amy and Betty to give their own personal stories on how Al-Anon Family Groups had supported them and given them strength and hope during difficult times. Amy, Betty and John described how Al-Anon Family Groups had changed their lives for the better. John asked forum members to get the message out to their local communities about Al-Anon Family Groups.

There was little time for discussion; however forum members did raise concerns about how freely available alcohol is in Solihull.

On behalf of the forum, Dave Pinwell thanked John, and in particular Amy and Betty for being so open and sharing their personal experiences.

#### 6. Solihull Healthwatch update:

Martin Clarke explained to forum members that Healthwatch is the new independent consumer champion for health and social care and was set up in October 2012. Healthwatch Solihull came into existence on 1<sup>st</sup> April 2013, and they are committed to ensuring views on local health and social care services are heard so they can be designed better. The main roles for Healthwatch Solihull will be:

- Sitting on the local Health & Wellbeing Board ~ working with the CCG and Health & Wellbeing Board to develop strategies, but also maintaining the independence to challenge.
- To provide advice and information about access to services and support, e.g. signposting people to the relevant service they require
- To gather views and understand people's experiences; this will be done through a number of avenues e.g. workshops, twitter, drop ins, networks etc.
- To support any complaints function, by signposting people to NHS Complaints Advocacy services.

Martin advised forum members he would like to be in touch with as many people as possible so that the voice of local people can be heard and feedback, regarding health and social care services in Solihull.

Following the presentation, Councillor Rashid asked the following questions:

- 1. Are the NHS giving the following services: ophthalmology; dentistry and hearing aid to private companies?
- 2. Will the Mental Health Clinic funding be cut without the community being informed?
- 3. What is being done to tackle the recent evidence which suggest that there is a higher death rate in hospitals at weekends than weekdays?

Martin acknowledged that it is a known issue around the increase in deaths at a weekend, at that Healthwatch will be able to help this by finding evidence and passing the information on so that changes can be made.

Dr Chitnis noted he would be happy to respond to Councillor Rashid's questions, if he puts them in writing.

Councillor Nash supported Councillor Rashid's comments, about services being privatised and 'farmed off' by the NHS. Dr Chitnis, reassured forum members that the NHS were still providing hearing aid services; and those services that were privatised were under strict controls by the NHS and that the outcomes and best service for the public remained the most important factor.

#### Actions:

- Councillor Rashid to send Dr Chitnis a letter with his questions, for Dr Chitnis to respond to. Hannah will circulate the response to forum members.
- Forum members to contact Martin Clarke if they are interested in being added to Healthwatch Solihull's distribution list.

#### 7. Identify items for next Discussion:

It was noted items for the next meeting included:

- A presentation from Victim Support
- Libraries presentation on the types of services available from libraries
- Local Children's Centres presentation on the activities / services available
- Overview of the various 'Food Bank' programmes in Solihull so people know who / where to signpost people

Any further items please contact Hannah (hcolson@solihull.gov.uk or 0121 704 8258).

#### 8. Any Other Business:

Sarah spoke to forum members about the paper which had been circulated prior to the meeting on the evolution of Solihull's Community Safety Partnership Board, to include a mix of non elected/ non statutory community representatives. Each of the Partnerships forums in Solihull has been asked to nominate 2 people to join the Safer Solihull Partnership. This is to make sure that the voice of local people is heard in determining the community safety plan for Solihull.

Sarah advised forum member that Hannah would be sending an email out asking people to put themselves forward, completing a nomination form explaining why they would like to be considered, to be returned by Friday 5<sup>th</sup> July. Hannah will then circulate the information received and, if more than 2 nominations are received, ask all forum members to vote on who should be put forward.

Dave Pinwell circulated nomination forms for the annual 'Solihull Civic Honours' and asked forum members to promote the awards and encourage people to nominate local people in the range of categories available, for further information please visit the webpage: <a href="http://www.solihull.gov.uk/civichonours">http://www.solihull.gov.uk/civichonours</a>

Dave closed the meeting by thanking everyone for attending, and inviting the group to attend the next meeting which is scheduled to be held on **Thursday 4**<sup>th</sup> **November, 6:00-8:00pm**, Venue to be confirmed nearer the time.



Solihull Clinical Commissioning Group

## Health Inequalities What are we doing to address them?

Dr Anand Chitnis
Ian Mather
Dr Stephen Munday





### Marmot Review - objectives

- 1. Give Every Child the Best Start in Life
- 2. Enable all Children, Young People and Adults to Maximise their Capabilities and Have Control Over Their Lives
- 3. Create Fair Employment and Good Work for All
- 4. Ensure a Healthy Standard of Living for All
- Create and Develop Healthy and Sustainable Places and Communities
- 6. Strengthen the Role and Impact of Ill Health Prevention





#### 1. Give Every Child the Best Start in Life

- Smoking in pregnancy
  - a re-designed programme has been implemented.
- Breast feeding programme
  - implemented social marketing campaign targeting young mothers;
  - achieved UNICEF Baby Friendly Initiative Stage 2 Accreditation for community services.
- Solihull Approach Parenting Programme
  - accredited by the National Academy for Parenting Research
  - is fully established together with a range of early intervention services;
  - children centres have been re-commissioned.
- Healthy Start vitamins
  - Increased access to parents on benefits
- Healthy Tots classes
  - set up in 9 children's centres through the Living Well programme.
- Obesity in pregnancy
  - Midwives referring pregnant women to a new programme run by Living Well.





### 2. Enable all Children, Young People and Adults to Maximise their Capabilities and Have Control Over Their Lives

- Educational attainment
  - programme of targeted action to improve educational outcomes and school improvement
- Development of 'Extended Schools' services
- Healthy Schools
  - 33% of schools are actively engaged in the enhanced Healthy Schools process
- 'Changemakers' project
  - engages young people in health issues:
    - e.g. 'mystery shopper' audit of sexual health services;
    - production of mental health materials for young people to reduce the stigma surrounding mental health issues





#### 3. Create Fair Employment and Good Work for All

- Targeted initiatives to promote business development and create jobs;
  - Solihull Council active partner in the Local Enterprise Partnership Board.
- No-Smoking policies and smoking cessation services established with major local employers
  - currently being expanded to include all healthy lifestyle issues.
- Volunteer peer support workers have been recruited to improve breastfeeding rates some of whom have gone on to take up paid employment.





### 4. Ensure a Healthy Standard of Living for All

- North Solihull Regeneration programme
- Multi-agency 'Weathering the Storm'
  - provision of information, advice and support to individuals and organisations
- Citizen Advice Bureau
  - supported across Solihull including sessions in each of the 10 GP surgeries in North
     Solihull





### 5. Create and Develop Healthy and Sustainable Places and Communities

- Regenerating North Solihull
  - 15-year project to transform the three wards of Chelmsley Wood, Smith's Wood and Kingshurst & Fordbridge - A positive change to almost 40,000 people's lives
  - improving homes, shops, schools, health and community facilities, transport, the environment and creating jobs.
  - overall investment of £1.8 billion and aims to deliver:
    - More than 8,000 (4000 net) new homes
    - 10 New, state-of-the-art primary schools
    - 5 vibrant new village centres with new health care facilities and new leisure facilities
    - Local environment and transport improvements
- Programme of renovation of public sector housing to ensure 'Decent Homes' standard
- Active travel development of network of cycle paths
- Community regeneration
  - neighbourhood management including 'C2' projects in the 4 north wards (Connecting Communities
     a nationally acknowledged programme to support local leaders in shaping future services).
- Craig Croft Site Regeneration
  - Engaged with the local authority in the design to integrate health and social care, as well as linking to education and employment initiatives.



### 6. Strengthen the Role and Impact of Ill Health Prevention

- Health inequalities programme
  - 'fair shares' allocation of £1 million to North Solihull Practice Based Commissioning Group
- Cardiovascular Disease 'Health Checks' programme in North Solihull practices
- Expanded lifestyle management services focused on communities with high need
  - weight, smoking, breast feeding; health trainers; food projects; exercise on prescription
- Improved access via a health shop ("You+") in Chelmsley Wood town centre
  - health trainers; sexual advice; mental health workers; CVD checks; weight management;
  - access to voluntary organisations (Aquarius, Enable Solihull, Age UK, Carers Centre).
- Mental health workers
  - established in every surgery in Solihull (Healthy Minds).
- Alcohol service
  - all levels of harmful drinking; in different settings (e.g. A&E, community clinics, primary care).
- Virtual ward
  - care for people with Long Term Conditions in their homes.
- End of Life service throughout community, GPs, community nurses and social services.
- Targeted sexual health services for young people in a range of community settings
- A pilot 'one-stop shop' contraceptive advice with testing for STIs
- Atrial Fibrillation screening in all GP practices

#### **West Midlands Police**

### Tackling Alcohol & Drugs

North Forum 19/6/13



### Key themes

–Working together

Tackling the causes of crime

### **Alcohol**



- Dedicated licensing officer
- Policing the night time economy
- Borough wide Pubwatch scheme
- Forthcoming multi-agency visits
- Purple flag scheme (Solihull)
- Strong alcohol sales
- Reducing underage sales
- Drink/drive campaigns

### Drugs

- Operation Tandem
- Drugs warrants
- SIAS referrals
- Closure Orders
- Targeting dealers
- Licensing visits

### **Statistics**



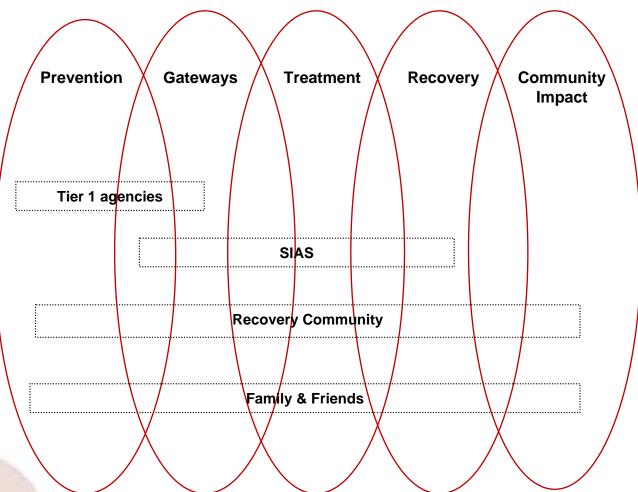
- 482 drug offences in 2012/13
- 24% of violent crimes involve drugs and/or alcohol
- Drug misuse drives acquisitive crime
- 95% of people arrested for trigger crimes are tested for drugs

## Solihull Partnership Forum 19<sup>th</sup> June 2013

**Alcohol Misuse Services** 



### Solihull Substance Misuse Strategic Plan from prevention to recovery and healthier communities





### Services available in Solihull

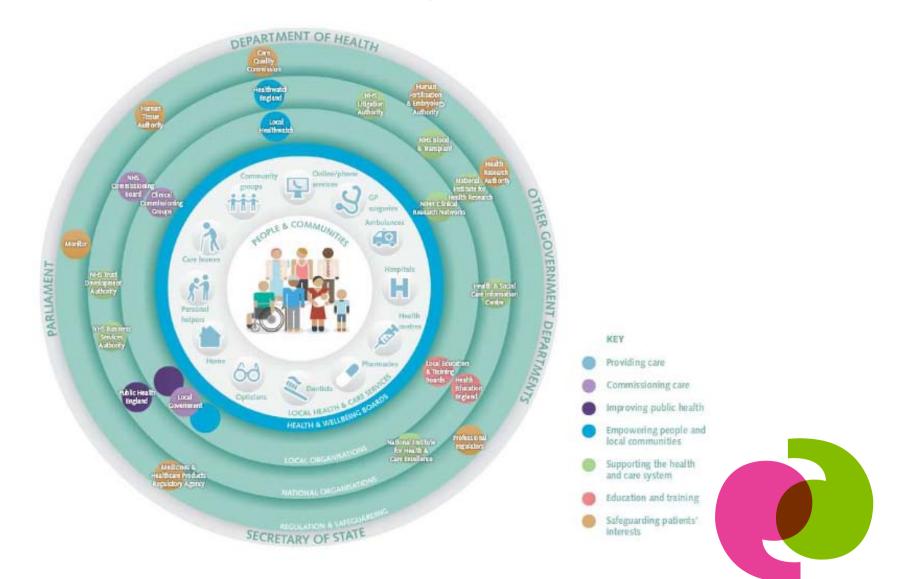
- 1. Recovery Focussed Substance Misuse Treatment Service for Adults
- 2. Criminal Justice Outreach Service
- 3. Young Persons Substance Misuse Intervention Service
- 4. Service User Involvement
- 5. Family and Friends Support Service







### The Health and Care System from April 2013





### What is Healthwatch Solihull?

Healthwatch Solihull is the new independent consumer champion for health and social care in the borough.





### What does Healthwatch Do?

We are here to give children, young people and adults a powerful voice to make sure your views and experiences are heard by those who plan, run and regulate health and social care services.

So that they can be designed better





### How do we do that?



Healthwatch Solihull will work with the CCG and Health and Wellbeing Board to develop strategies based upon a robust evidence base

whilst maintaining the independence to challenge or corroborate strategies, practices and decisions.





### No Decision About *Me* - Without *Me*

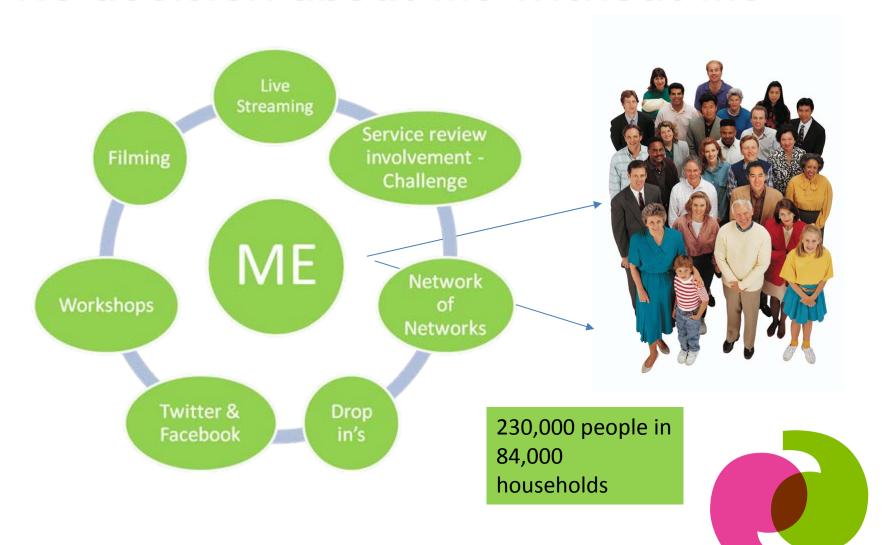








### 'No decision about *Me* without *Me'*



### Off to a Good start





Located in Chelmsley wood – Three Tree's Community Centre www.healthwatchsolihull.org.uk

Tel: 0121 - 770 - 5434

#### Transitions Event May 2013





Opening of 247 Healthcare

Healthwatch Solihull Pilot for National Hub



**Volunteer Events** 



### **Our Priorities**



Older People & Dementia

Mental Health - young people

Influencing Commissioners of Social Care/Health services

Fully Engaging with ALL groups of people

7 Statutory Obligations

**Gathering Views** 

Feeding Patient Views/experience into the RIGHT mechanisms

Work with existing organisations and service user groups to lobby and influence

Getting from Talk to Action

How much did we do?

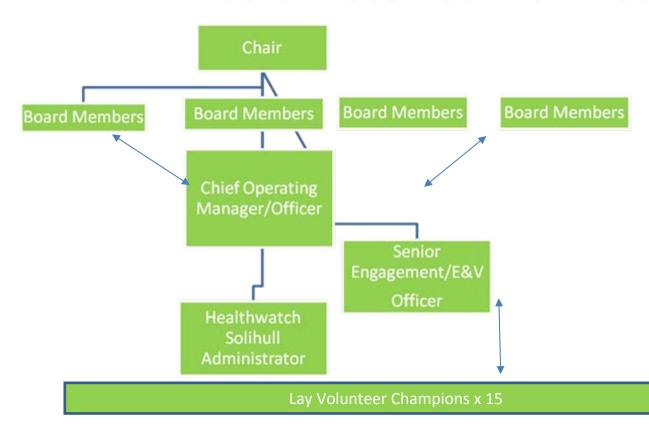
How well did we do it?

What counts is:

Is anyone better of?



### Healthwatch Solihull Team



Lay Advisor Clinical and Healthwatch Champions still to be Recruited



### Healthwatch Solihull will: healthwetch



underpinned by

- Nolan principles and Marmot framework
- being realistic about what we can achieve
- a passion for partnership working.

Be informed by

- the views of patients, carers and the public including children and young people.
- learning from others such as the Francis Report.

Influence and be influenced by

- Joint Strategic Needs Assessment, the Health and Wellbeing Strategy and CCG commissioning plans
- Healthwatch England and the Care Quality Commission





### Can you help?

Healthwatch Champion

Keep in touch

Work with us to get views specific to you over to us





# Thank You Any questions?

