

# Direct Payments



*choice, control,  
flexibility*

## What are Direct Payments?

They are payments which Solihull Council makes to you, so that you can buy your own care and support services instead of us arranging them for you. Direct Payments mean that you can choose the help or assistance you need to live your life as independently as possible.

## Who can receive Direct Payments?

People we have assessed as needing care and support services could receive Direct Payments.



## What can I use Direct Payments for?

You can use the payments to pay for the help or assistance you need to:

- Get out and about
- Enhance your lifestyle
- Live at home



## The next step

Call Solihull Connect on **0121 704 8007** and talk to one of our advisers.



# How can Direct Payments help?

**You** are in charge

**You** are more independent

**You** are more responsible for yourself

**You** have more choice about who gives you the help and assistance you need.



People in Solihull are already using their Direct Payments to pay for a wide range of activities.

*"I've used some of my money to attend local day activities and make new friends."*



*"I've bought some gym membership to keep myself healthy."*



*"I've employed a personal assistant to help me with the things I need."*



*"I've taken up a new hobby which gets me out of the house."*



*In Solihull, we want you to have the freedom to choose the services that are right for you.*