

Please note, this information is provided solely for the expressed purpose of finding activities within the Borough of Solihull. It is an offence under the Data Protection Act 1998 to use this information for commercial purposes, or to pass this information to any other person. If you are approached by an individual to let them have a copy of the information we provide, please refer them directly to the Family Information Service on 0800 389 8667.

The Activities below are not registered or regulated by Solihull Council. It is your responsibility to ensure you are happy that the activities are safe and appropriate for your child.

Arabesque School of Dance (Dorridge Village Hall)

Dorridge Village Hall
Grange Road
Dorridge
Solihull
B93 8QA

Contact Name: Michelle Nevin
Telephone: 07817 033292
Email: michelle.nevin@balletdance.co.uk
Age Range: Babies to 16 years
Website: www.balletdance.co.uk

Service Description:

Our aim is to make all lessons a fun form of exercise and beneficial in many ways including the development of co-ordination, rhythm, fitness, muscle tone, expression and confidence. Along with RAD Ballet we also offer IDTA Tap, Freestyle & Irish Dancing alongside Pre School & Dinky Disco plus Baby-Ballet Baby Boppers. Please contact us for further information and to book a class.

N.B. Type of classes are dependent on location, therefore please also refer to our website for further details.

Days and Times:

Tuesday 13:15 - 19:20

Costs:

£5.00 per 30 minute class
£6.00 per 40+ minute class
£8.00 ultimate dance classes
£2.00 all additional classes
Sibling discount: 25% off main class price

Arabesque School of Dance (Layca Community Centre)

Layca Community Centre
Stretton Road
Shirley
Solihull
B90 2RL

Contact Name: Michelle Nevin
Telephone: 07817 033292
Email: michelle.nevin@balletdance.co.uk
Age Range: Babies to 16 years
Website: www.balletdance.co.uk

Service Description:

Our aim is to make all lessons a fun form of exercise and beneficial in many ways including the development of co-ordination, rhythm, fitness, muscle tone, expression and confidence. Along with RAD Ballet we also offer IDTA Tap, Freestyle & Irish Dancing alongside

Pre School & Dinky Disco plus Baby-Ballet Baby Boppers. Please

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contact us for further information and to book a class.

N.B. Type of classes are dependent on location, therefore please also refer to our website for further details.

Days and Times:
Monday 13:15 - 14:45
Thursday 15:50 - 19:15

Costs:
£5.00 per 30 minute class
£6.00 per 40+ minute class
£8.00 ultimate dance classes
£2.00 all additional classes
Sibling discount: 25% off main class price

Arabesque School of Dance (Sharmans Cross Junior School)

Sharmans Cross Junior School
Sharmans Cross Road
Solihull
B91 1PH

Contact Name: Michelle Nevin
Telephone: 07817 033292
Email: michelle.nevin@balletdance.co.uk
Age Range: Babies to 16 years
Website: www.balletdance.co.uk

Service Description: Our aim is to make all lessons a fun form of exercise and beneficial in many ways including the development of co-ordination, rhythm, fitness, muscle tone, expression and confidence. Along with RAD Ballet we also offer IDTA Tap, Freestyle & Irish Dancing alongside Pre School & Dinky Disco plus Baby-Ballet Baby Boppers. Please contact us for further information and to book a class.

N.B. Type of classes are dependent on location, therefore please also refer to our website for further details.

Days and Times:
Saturday 08:30 - 14:45
Saturday 09:00 - 12:00 (school hall)

Costs:
£5.00 per 30 minute class
£6.00 per 40+ minute class
£8.00 ultimate dance classes
£2.00 all additional classes
Sibling discount: 25% off main class price

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Bonding Babies Massage & Yoga

Renewal Family Centre
Vulcan Road
Solihull
B91 2JY

Contact Name: Nicola Kenney
Telephone: 07972 813339
Email: nicola.bondingbabies@outlook.com
Age Range: Up to 2 years
Website:

Service Description: Baby massage and yoga classes for parents and care givers. Teaching sequences to help infants with relief, interaction and relaxation.

Group sessions will consist of an hour of massage over a 5 week course. Home sessions, on a more personal basis are also available. Please contact for more information.

Days and Times: **Saturday** Please contact for times

Costs: £50 per course

Dolphin Swim School

Langley Primary School
St Bernards Road
Solihull
B92 7DJ

Contact Name: Jo Dolphin
Telephone: 0121 744 2780
Email: dolphin-swimsolihull@gmail.com
Age Range: 3 years+
Website:

Service Description: Dolphin Swim School offers a personal and friendly introduction to swimming, providing an important part of a child's development.

Class sizes are no bigger than 8 in any lesson. We teach pre-school children (aged 3 and above) in small groups of 6, with the parent staying on poolside.

Days and Times:

Monday	13:30 - 14:30
Tuesday	16:00 - 18:00
Thursday	16:00 - 18:00
Friday	13:00 - 14:30

Costs: £5.00 per session

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Leapfrog Sports (Lode Heath School)

Lode Heath School
Lode Lane
Solihull
B91 2HW

Contact Name: Joanne Budden
Telephone: 07914 808998
Email: info@leapfrogsports.co.uk
Age Range: 2 to 5years
Website: www.leapfrogsports.co.uk

Service Description: Fun, energetic multi-sports based classes for children. Through playing games in a positive and pressure-free environment, children will develop the fundamental skills balance, co-ordination and agility, gain experience of a variety of different sports (including basketball, cricket, football, hockey, rugby and tennis) build confidence and make new friends.

Days and Times:

Sunday	09:30 - 10:15 Tadpoles (2 to 3 years)
	10:30 - 11:15 Frogs (4 to 5 years)
	11:30 - 12:15 Froglets (3 to 4 years)

Costs: £5.50 per session
Free taster class available, contact Joanne for more information.

Leapfrog Sports (St Mary's Church Hall)

St Marys Church Hall
Hobs Meadow
Solihull
B92 8PN

Contact Name: Joanne Budden
Telephone: 07914 808998
Email: info@leapfrogsports.co.uk
Age Range: 2 years to 5 years
Website: www.leapfrogsports.co.uk

Service Description: Fun, energetic multi-sports based classes for children. Through playing games in a positive and pressure-free environment, children will develop the fundamental skills balance, co-ordination and agility, gain experience of a variety of different sports (including basketball, cricket, football, hockey, rugby and tennis) build confidence and make new friends.

N.B. This is a mixed age group class, perfect for siblings and friendship groups.

Days and Times:

Thursday	10:30 - 11:15
Friday	14:00 - 14:45

Costs: £5.50 per session.
Free taster class available, contact Joanne for more information.

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Little Kickers (Blossomfield Club)

Blossomfield Sports Club
Widney Lane
Solihull
B91 3JY

Contact Name: R Higgs
Telephone: 0121 744 9730
Email: rhiggs@littlekickers.co.uk
Age Range: 18 months to 7 years
Website: www.littlekickers.co.uk

Service Description:

We give your child a positive introduction to sport by teaching high quality football skills in a friendly, pressure-free environment. There are four different classes (dependent on venue) tailored specifically to the needs of children between 18 months and seven years of age:

Little Kicks (1.5 – 2 years, 3 months)
Junior Kickers (2 – 3.5 years)
Mighty Kickers (3.5 – 5 years)
Mega Kickers (5 – 7 years)

If you have any questions for us about the class you are interested in joining, wish to check availability or join a waiting list, then please call, email or refer to our website for further information.

Days and Times:

Tuesday 13.00 - 13.40 (Little Kicks)
13.45 - 14.30 (Junior Kickers)

Costs:

See website for membership / class fees.

Little Kickers (Hockley Heath Memorial Hall)

King George Memorial Hall
2655 Stratford Road
Hockley Heath
Solihull
B94 5NH

Contact Name: R Higgs
Telephone: 0121 744 9730
Email: rhiggs@littlekickers.co.uk
Age Range: 18 months to 7 years
Website: www.littlekickers.co.uk

Service Description:

We give your child a positive introduction to sport by teaching high quality football skills in a friendly, pressure-free environment. There are four different classes (dependent on venue) tailored specifically to the needs of children between 18 months and seven years of age:

Little Kicks (1.5 – 2 years, 3 months)
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Mighty Kickers (3.5 – 5 years)
Mega Kickers (5 – 7 years)

If you have any questions for us about the class you are interested in joining, wish to check availability or join a waiting list, then please call, email or refer to our website for further information.

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Days and Times: **Saturday** 09.15 - 10.00 (Junior Kickers)
 10.15 - 11.00 (Mighty Kickers)
 11.10 - 11.55 (Mighty Kickers)

Costs: See website for membership / class fees.

Little Kickers (Langley School)

Sports Entrance
 Kineton Green Road
 Olton
 Solihull
 B92 7ER

Contact Name: R Higgs
Telephone: 0121 744 9730
Email: rhiggs@littlekickers.co.uk
Age Range: 18 months to 7 years
Website: www.littlekickers.co.uk

Service Description: We give your child a positive introduction to sport by teaching high quality football skills in a friendly, pressure-free environment. There are four different classes (dependent on venue) tailored specifically to the needs of children between 18 months and seven years of age:

- Little Kicks (1.5 – 2 years, 3 months)
- Junior Kickers (2 – 3.5 years)
- Mighty Kickers (3.5 – 5 years)
- Mega Kickers (5 – 7 years)

If you have any questions for us about the class you are interested in joining, wish to check availability or join a waiting list, then please call, email or refer to our website for further information.

Days and Times: **Saturday** 09.05 - 09.55 (Mega Kickers)
 09.05 - 09.55 (Junior Kickers)
 10.05 - 10.55 (Mighty Kickers)
 10.05 - 10.55 (Mighty Kickers)
 10.10 - 10.55 (Junior Kickers)
 11.05 - 11.55 (Mega Kickers)

Sunday 09.15 - 10.00 (Junior Kickers)
 10.10 - 10.55 (Mighty Kickers)

Costs: See website for membership / class fees.

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Little Kickers (Shelley Farm Community Centre)

Farmhouse Way
Monkspath
Solihull
B90 4EH

Contact Name: R Higgs
Telephone: 0121 744 9730
Email: rhiggs@littlekickers.co.uk
Age Range: 18 months to 7 years
Website: www.littlekickers.co.uk

Service Description:

We give your child a positive introduction to sport by teaching high quality football skills in a friendly, pressure-free environment. There are four different classes (dependent on venue) tailored specifically to the needs of children between 18 months and seven years of age:

Little Kicks (1.5 – 2 years, 3 months)
Junior Kickers (2 – 3.5 years)
Mighty Kickers (3.5 – 5 years)
Mega Kickers (5 – 7 years)

If you have any questions for us about the class you are interested in joining, wish to check availability or join a waiting list, then please call, email or refer to our website for further information.

Days and Times:

Wednesday 13.40 - 14.25 (Mighty Kickers)

Costs:

See website for membership / class fees.

Little Kickers (St James Church Hall)

St James Church Hall
Church Road
Shirley
Solihull
B90 2AX

Contact Name: R Higgs
Telephone: 0121 744 9730
Email: rhiggs@littlekickers.co.uk
Age Range: 18 months to 7 years
Website: www.littlekickers.co.uk

Service Description:

We give your child a positive introduction to sport by teaching high quality football skills in a friendly, pressure-free environment. There are four different classes (dependent on venue) tailored specifically to the needs of children between 18 months and seven years of age:

Little Kicks (1.5 – 2 years, 3 months)
Junior Kickers (2 – 3.5 years)
Mighty Kickers (3.5 – 5 years)
Mega Kickers (5 – 7 years)

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Days and Times: **Wednesday** 09.15 - 10.00 (Junior Kickers)

Costs: See website for membership / class fees.

Little Kickers (St Philip's Church)

St Philips Church Centre
Manor Road
Dorridge
Solihull
B93 8DX

Contact Name: R Higgs
Telephone: 0121 744 9730
Email: rhiggs@littlekickers.co.uk
Age Range: 18 months to 7 years
Website: www.littlekickers.co.uk

Service Description:

We give your child a positive introduction to sport by teaching high quality football skills in a friendly, pressure-free environment. There are four different classes (dependent on venue) tailored specifically to the needs of children between 18 months and seven years of age:

Little Kicks (1.5 – 2 years, 3 months)
Junior Kickers (2 – 3.5 years)
Mighty Kickers (3.5 – 5 years)
Mega Kickers (5 – 7 years)

If you have any questions for us about the class you are interested in joining, wish to check availability or join a waiting list, then please call, email or refer to our website for further information.

Days and Times: **Saturday** 09.10 - 09.55 (Junior Kickers)
10.10 - 10.55 (Mighty Kickers)
11.10 - 11.55 (Junior Kickers)

Costs: See website for membership / class fees.

Tiny Terrorz (Toddler Time)

11 Warwick Road
Olton
Solihull
B92 7HS

Contact Name:
Telephone: 0121 706 6588
Email: enquiries@tinyterrorz.co.uk
Age Range: 1 to 3 years
Website: www.tinyterrorz.co.uk

Service Description:

Our play facilities have all been custom built and designed with children in mind to ensure maximum fun, excitement and safe indoor play. Throughout the entire play centre we have ensured that our "exercise through play" ethos has been incorporated to it's full capacity.

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The Tiny Terrorz play frame for our younger guests was created with fun, laughter and safe play in mind..... ball pits, slides, soft building blocks and the Tiny Terrorz toy town track... Where children can play until their hearts are content. Visiting the bakery, the green grocer, they can also take their car through the spinning car wash!

Includes free hot drink, biscuits and squash!

Days and Times: **Monday** 09:00 - 14:00
Wednesday 09:00 - 14:00

Costs: £4.50 per session (Adults £1)

Toddler Tennis

Lode Heath School Hall
Lode Lane
Solihull
B91 2HW

Contact Name: Jessica Mapp
Telephone: 07870 168794
Email: jess@toddlertennis.co.uk
Age Range: 2 to 5 ears
Website: www.toddlertennis.co.uk

Service Description: Toddler Tennis specialises in improving agility, balance and coordination of 2-5 year olds through tennis based activities. The aim of the programme is to create a fun learning environment using age appropriate activities designed to get young people active whilst developing new tennis skills.

N.B. First session is a free taster following this it's £5 per lesson (or £25 for 6 weeks).

Days and Times: **Saturday** 09:00 - 09:30
09:30 - 10:00

Costs: Free taster session! Following this £5 per lesson (or £25 for 6 weeks)

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Tumble Tots

St Helens Church
St. Helens Road
Solihull
B91 2DA

Contact Name: Laura & Joanne Duggan
Telephone: 07468 589188
Email: solihullandredditchtumbletots@gmail.com
Age Range: 6 months to 5 years
Website: www.tumbletots.com/Redditch

Service Description:

Designed to develop children's physical skills of agility, balance, co-ordination and climbing, through the use of brightly coloured Tumble Tots equipment.

The programme is structured to develop children's positive personality traits including confidence and self-esteem.

Each weekly session combines fun, excitement and challenge in a safe and caring environment. All sessions use unique equipment and are run by staff specially trained to get the best out of your child. It is structured according to the different ages and stages of a child's development.

See website for further details and to book a class.

Days and Times:

Fridays 09:45am (Gymbabes - 6 mnths to walking)
Fridays 10:45am (T.Tots – Walking to 2 years)
Fridays 11:45am (T.Tots – 2 to 3 years)
Fridays 12:45am (T.Tots – 3 years to school age)

Costs:

£6.50 per session

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