

If you would like independent advice about useful gadgets you can speak to Solihull Council's Gadgets Team.

Call 0121 709 7077 or email gadgets@solihull.gov.uk

If you want to find more information you can visit the Council's Useful Gadgets webpage www.solihull.gov.uk/gadgets

Solihull Council has signed up to the 'Dementia Friendly Technology Charter'



Useful gadgets

for people with memory problems



If you have memory problems then there are useful gadgets that can help to make daily life easier.

Useful Gadgets can help you:

- remember when to do things
- to take medication
- remember the date and time
- make telephone calls & stay in touch with family or carers
- stay safe when you leave home

They are easy to use and reliable.

They include:

A reminder to play pre-recorded messages at appropriate times. This can be good to remind you when to have drinks and meals.



Memrabel

A reminder to play a message when you walk past it. This can be good to remind you to take your keys when you leave the house.



Memo-minder

A medication reminder watch or electronic pill dispenser to help you receive the right medication at the right times.



Medication reminder

A clock that reminds you of the day of the week and whether it is morning or night-time.



Day/night clock

A telephone that calls someone when you press a button with their picture on it. This helps you use the telephone if you have problems remembering people's numbers.



Doro picture phone

A tracker that can help you find your way home or help your family or carer find you if you get lost.



GPS tracker

Useful gadgets